

GARRISON NEWS



January 27, 2016 Volume 25 Issue 5

DATES AT A GLANCE

January 31	Tuesday	Before school full band practice resumes 7:30 AM
Feb. 1- Feb. 14	Mon.-Fri.	100's Day Food Collection School Challenge to support End 68 Hours of Hunger
February 3	Friday	Popcorn Friday
February 13-17	Mon.-Fri.	Northeast Passage – Similarity Awareness in PE
February 14	Tuesday	100 th Day of School & Valentine's Day 
February 15	Wednesday	PTA Meeting 3:30-4:45
February 15	Wednesday	NAEP testing for 4 th graders
February 16	Thursday	Last Session of Enrichment
February 17	Friday	Popcorn Friday
February 27- March 3	Monday – Friday	NO SCHOOL ~ Winter Recess

Volunteer Fingerprinting:

(Please call for an appointment 516-6241)

Report to the: McConnell Center, 61 Locust Street, Suite 40, Dover, NH

~Remember to check the Lost and Found for lost items~ this is cleaned out and donated monthly~

PRINCIPAL UPDATES

Hello Garrison Families,
I hope the new year has been going well for you!

In December, the school board approved the Joint Building Committee's proposed plan for Garrison's renovation, and authorized the JBC to move ahead with Phase 1 of the project. The JBC is working with Harriman architects and our project is making progress. More information about the project can be found at the [JBC site here](#). The most up to date information, meeting minutes and agendas are [here](#).

The budget for next school year is currently with the school board for approval before going to city council. Please take a moment to learn about the budget options being presented for next year and how the different options will affect Dover schools and Garrison. Current budget documents can be [found here](#). The overall budget presentation is [here](#), with the elementary school presentation [here](#). Once you know the impact of each of the budget levels being presented, please talk to your school board and city council representatives to share your opinion of what budget should be supported.

We really appreciate that your winter gear has names on it – our lost and found is staying pretty small thus far. If you are missing anything, please come check our shelves – we do have a few things that have no name and have been misplaced.



Northeast Passage Is Returning to Garrison!

Garrison PTA voted to help Sarah Loranger bring Northeast Passage back to Garrison this year. This Similarity Awareness program teaches our kids how to use wheelchairs designed for sports, and lets them try them out with some great PE games. They are currently scheduled to come to Garrison February 13-17, and parents are encouraged to come watch. More information about the program can be found under the "Wheelchair Sports" tab at:

<http://nepassage.org/similarity-awareness/>

7th Annual Dover School District K-12 Art Exhibition

Displaying and exhibiting art is the culminating feature of the artistic process. The premise for this yearlong exhibition is to showcase the numerous talents, creativity and meaningful learning that occurs within the Dover School District Fine Arts Curriculum and throughout its programs at each school and grade level. At the heart of this exhibit is a diversity of expressions, concepts, themes and inquiries that directly contributes to the cultural richness of each school and the community at large. The opportunity to exhibit K-12 students’ artwork allows the entire community to engage in a visual and aesthetic experience that will evoke attention, appreciation and value for the fine arts.

- *The District K-12 Art Exhibit is held at the Superintendent’s Office on the 4th floor of the McConnell Center.
- *The exhibit rotates the artwork of Students and Art Educators from each school over a 7-week period.
- *The Dover School District Art Exhibition is free for public viewing during regular business hours, 8:00AM - 4:30PM Monday - Friday.
- *Below is the schedule for each of the Dover Public School’s exhibition for the 2016-2017 school year:

Dover School District Art Gallery

Superintendent’s Office

Exhibition Schedule

2016-2017

Dover High School	October 3 – November 18	7 Weeks
Dover Middle School	November 18 – January 13	7 Weeks
Garrison Elementary	January 13 – March 6	7 Weeks
Horne Elementary	March 6 – May 1	7 Weeks
Woodman Park Elementary	May 1 – June 16	7 Weeks
District Art Teachers	June – September	Summer Months

BAND UPDATE

7:30 AM Full Band Practice is starting again on Tuesday January 31st! I'll see all my band friends there bright and early!

Ms. Piller

GUIDANCE UPDATES



I am finding the number of students needing snacks has increased and my snack cupboard has been running low. If you would like to donate to the “cupboard” while keeping allergies in mind; the best snacks include Pretzels, Goldfish crackers, Cheez It's, and Teddy Grahams. Bulk is fine as I pack them in baggies.

Thank you!

Judi

HOLY ROSARY CREDIT UNION ASSEMBLY

We will have an assembly on Friday, February 3 at 8:30. Holy Rosary Credit Union has been approved by the school board to come to the elementary schools to do some financial literacy programming. See agenda. This is our kick off for the program, all lessons will be in the café during lunches.

Agenda for Presentation

2/3/2017 at 8:30am

1. Opening - Cash and Violet
 - a. (Music if possible, as they walk in or for a few minutes at the beginning of the presentation. Cash and Violet can dance around with students to get them excited)
2. Introduce Cash and Violet
 - a. Cash- He has special powers; he's a financial genius and knows random facts about money.
 - b. Violet- She is clever, fashionable and a specialist in smart shopping. If there is a way to save a few dollars on clothes, toys, video games or anything else, Violet will find it.
3. Talk about general banking/saving. Ask who has a savings account already and/or explain how they can obtain a savings account.
 - a. What is a Credit Union/Bank?
 - b. What do you do there?
 - c. How do you think you can obtain an account?
 - d. Simple steps on how to get a general savings account.
 - i. ex: Go with an adult to a financial institution
 - ii. They collect your personal information
 - iii. Mom, dad or guardian and maybe even you will sign papers.
 - iv. Start saving!
4. Why it is important to save? Brainstorm some good ideas from the children, to save for.
5. Explain to the students why we are coming to their lunches. Give a few examples of the fun and exciting activities we may bring and announce the first lunch visit.
6. Take questions from students.

7. Goodbye from Cash and Violet.

End 68 Hours of Hunger 100's Day Food Collection School Challenge (Challenge will run from Feb. 1 - Feb. 14)

For 100's Day we are going to collect food for the End 68 Hours of Hunger non-profit organization. The goal is to collect 300 food items!!! Each classroom is being asked to bring in a certain food item.

Thank you for your support!

These are the types of foods we would like donated:

Peanut Butter – 18 oz plastic- **Minerowicz, Schlapak**

Jelly – 20 oz squeezable containers- **Cushing-Long, Stevens**

Mayonnaise – 12 oz squeezable containers- **Gross, Gagnon**

Canned Pasta – Beefaroni, Ravioli, Spaghetti- **Cotter, Bauer**

Canned spaghetti and meatballs- **Kelleher, McLaughlin**

Canned Soup – 12-20 oz size- **Matz, Tucci**

Macaroni and Cheese – Boxes not cups- **Knowlton, Cook**

Canned fruit – 3-4 serving size- **Perkins, Krans**

Granola Bars/Nutrition Bars- **Dube**

Cereal – Boxes or bags of 5-8 servings- **Duff**

Tuna or Chicken – 10 oz or smaller cans- **Sawyer**

Instant Oatmeal- **Hill**

Swiss Miss Cocoa Mix- **Romps**

Cakes/ cookies/ muffin mixes- **Mayhew**



NO GLASS CONTAINERS

All food items are welcome, and not limited to the items assigned to classes.

The Problem

Childhood food insecurity is a national problem, it occurs when children receive insufficient food on a regular basis; in many cases missing meals entirely. After a while, these children also experience “fear of hunger” that affects their behavior as much as physical hunger affects their bodies. There are more than 16 million food insecure children in America today.

How End 68 Hours of Hunger Helps

This program puts nourishing food in the hands of school children to carry them through the weekend. Each bag of food costs \$10 each week and provides two breakfasts, two lunches, and three dinners for a child, with some left over to share!

The Impact of Food Insecurity

The impact on the child is enormous. Teachers tell us that on Friday afternoons the children who are unlikely to have enough food at home become very edgy and are unable to concentrate.

After a week in a structured environment where they have at least two full meals, they will leave school and for 68 hours have little to eat. That insecurity can lead to some behavioral disruptions.

On Monday mornings they return to school ill, often spending the day in the nurse’s office. They are unable to focus and concentrate until they once again are nourished.



The Impact of End 68 Hours of Hunger

Our impact is huge! All the behaviors of food insecure children disappear, and children arrive in school on Monday ready to learn, and the disruptive behaviors of Friday due to food insecurity vanish.

Teachers report that children are more responsible, and their performance improves. Actual documented increases in reading and math scores have been reported as well. We make a difference in the potential success of each child we feed!